

SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 11-K

ANNUAL REPORT PURSUANT TO SECTION 15(d) OF THE
SECURITIES EXCHANGE ACT OF 1934

(Mark One)

☒ Annual report pursuant to Section 15(d) of the Securities Exchange
Act of 1934

For the fiscal year ended December 31, 2002

Or

☐ Transition report pursuant to Section 15(d) of the Securities Exchange
Act of 1934

For the transition period from _____ to _____

Commission file number 000-25867

A. Full title of the plan and the address of the plan, if different from that
of the issuer named below:

The Nautilus Group, Inc.
401(k) Savings Plan

B. Name of issuer of the securities held pursuant to the plan and the address
of its principal executive office:

The Nautilus Group, Inc.
1400 NE 136th Avenue
Vancouver, WA 98684

THE NAUTILUS GROUP, INC. 401(K) SAVINGS PLAN

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(1) Schedules required by Form 5500 that are not applicable have not been
included.

INDEPENDENT AUDITORS' REPORT

The Nautilus Group, Inc. 401(k) Savings Plan
Vancouver, Washington

We have audited the accompanying statements of net assets available for benefits of The Nautilus Group, Inc. 401(k) Savings Plan (formerly Direct Focus, Inc. 401(k) Savings Plan) (the "Plan") as of December 31, 2002 and 2001, and the related statements of changes in net assets available for benefits for the years then ended. These financial statements are the responsibility of the Plan's management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, such financial statements present fairly, in all material respects, the net assets available for benefits of the Plan as of December 31, 2002 and 2001, and the changes in net assets available for benefits for the years then ended in conformity with accounting principles generally accepted in the United States of America.

Our audit was conducted for the purpose of forming an opinion on the basic financial statements taken as a whole. The supplemental schedules listed in the Table of Contents are presented for the purpose of additional analysis and are not a required part of the basic financial statements, but are supplementary information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. These schedules are the responsibility of the Plan's management. The supplemental schedules have been subjected to the auditing procedures applied in our audit of the basic 2002 financial statements and, in our opinion, are fairly stated in all material respects when considered in relation to the basic financial statements taken as a whole.

DELOITTE & TOUCHE LLP

Portland, Oregon
June 16, 2003

THE NAUTILUS GROUP, INC. 401(k) SAVINGS PLAN

STATEMENTS OF NET ASSETS AVAILABLE FOR BENEFITS
DECEMBER 31, 2002 AND 2001

	2002	2001
ASSETS:		
Investments, at fair value (Note 3)	\$ 7,329,417	\$ 3,991,045
	-----	-----
Receivables:		
Employee contributions	86,904	51,362
Employer contributions	300,979	207,941
	-----	-----
Total receivables	387,883	259,303
	-----	-----
LIABILITIES:		
Other payables	(12,690)	(3,935)
	-----	-----
NET ASSETS AVAILABLE FOR BENEFITS	\$ 7,704,610	\$ 4,246,413
	=====	=====

See notes to financial statements.

THE NAUTILUS GROUP, INC. 401(k) SAVINGS PLAN

STATEMENTS OF CHANGES IN NET ASSETS AVAILABLE FOR BENEFITS
YEARS ENDED DECEMBER 31, 2002 AND 2001

	2002	2001
ADDITIONS:		
Interest and dividends	\$ 78,173	\$ 28,890
Net appreciation (depreciation) in fair value of investments (Note 3)	(2,203,949)	364,338
	-----	-----
Net investment income (loss)	(2,125,776)	393,228
	-----	-----
Contributions:		
Participant contributions	2,163,945	1,085,208
Employer matching contributions	300,979	207,941
Rollover contributions	3,587,854	1,006,993
	-----	-----
Total contributions	6,052,778	2,300,142
	-----	-----
Total additions	3,927,002	2,693,370
DEDUCTIONS:		
Benefits paid to participants	468,805	220,970
	-----	-----
NET INCREASE	3,458,197	2,472,400
NET ASSETS AVAILABLE FOR BENEFITS, BEGINNING OF YEAR	4,246,413	1,774,013
	-----	-----
NET ASSETS AVAILABLE FOR BENEFITS, END OF YEAR	\$ 7,704,610	\$ 4,246,413
	=====	=====

See notes to financial statements.

1. DESCRIPTION OF PLAN

The following description of The Nautilus Group, Inc. 401(k) Savings Plan (the "Plan") is provided for general information purposes only. Participants should refer to the Plan document for a complete description of the Plan's provisions.

GENERAL - The Plan is a defined contribution 401(k) plan maintained for the benefit of all eligible employees of The Nautilus Group, Inc. (the "Company"). On May 21, 2002, the Company changed its name to The Nautilus Group, Inc. from Direct Focus, Inc., and now trades under the stock ticker symbol "NLS". The Plan was established effective January 1, 1999 and contributions to the Plan began on March 4, 1999. The Plan is available to all eligible employees of the Company who are age 18 or older. The Plan is subject to the provisions of the Employee Retirement Income Security Act of 1974 ("ERISA").

CONTRIBUTIONS - Participants may voluntarily contribute between 1% and 30% of their compensation, limited to \$11,000 and \$10,500 in 2002 and 2001, respectively, as prescribed by the Internal Revenue Code. Participants may change their contribution percentage quarterly. Participants may also contribute amounts representing distributions from other qualified defined benefit or contribution plans. Participants direct the investment of their contributions and employer matching contributions into various investment options offered by the Plan. The Plan currently offers ten mutual funds and an employer stock fund as investment options for participants. Participants can change the allocation of contributions or transfer balances between funds up to six times per year. The Company may match a portion of the participant's elective contribution. The Company makes matching contributions of 50% of the employee contributions on the first 6% of allowable employee compensation for all eligible employees excluding Nautilus Human Performance Systems, Inc. ("Nautilus HPS") employees. For eligible Nautilus HPS employees, the Company matches 35% of employee contributions on the first 4% of allowable employee compensation. Beginning in the 2003 Plan year, qualified Nautilus HPS employees became eligible for matching contributions of 50% of the employee contributions on the first 6% of allowable employee compensation. Matching contributions are subject to certain limitations. Participants must be employed by the Company for 12 consecutive months in order to become eligible to begin earning matching contributions. Once eligibility has been established, participants must work a minimum of 1,000 hours during the Plan year and be employed by the Company on the last day of the Plan year to be eligible to receive matching contributions.

On February 8, 2002, the Company acquired StairMaster Sports/Medical Inc. ("StairMaster"). As a result of this acquisition, StairMaster employees became eligible to participate in the Plan and execute rollover contributions to the Plan beginning March 1, 2002.

On September 20, 2001, the Company acquired the Fitness Division ("Schwinn Fitness") of Schwinn/GT Corp. As a result of this acquisition, Schwinn Fitness employees became eligible to participate in the Plan and execute rollover contributions to the Plan beginning October 1, 2001.

PARTICIPANT ACCOUNTS - A separate account is maintained for each participant, which is credited with the participant's contributions, the Company's matching contributions, and an allocation of Plan earnings or losses. Allocation of Plan earnings or losses is based upon participant account balances. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account.

VESTING - Participants are fully vested at all times in that portion of their accounts attributable to their own contributions and earnings or losses thereon. A participant vests in the Company's matching contributions and earnings or losses thereon pursuant to the following vesting schedule.

YEARS OF SERVICE	VESTING PERCENTAGE
-----	-----
Less than 1	0%
1	25%
2	50%
3	75%
4	100%

PAYMENT OF BENEFITS - Upon termination of service, a participant will be paid a lump-sum amount equal to the vested account value if less than \$5,000. In addition to the lump-sum payment option, participants who maintain a balance greater than or equal to \$5,000 may elect to maintain their account in the Plan until a future date, elect a partial distribution, or elect to receive installment payments.

FORFEITURES - During the 2002 Plan year, forfeited balances of terminated participants' nonvested accounts were used to offset the employer match liability. Prior to 2002, forfeited balances of terminated participants' nonvested accounts were allocated as a discretionary matching contribution for the Plan year in which the forfeiture occurred.

LOANS - Loans to participants are not permitted under the Plan. However, StairMaster employees with loans that existed prior to the acquisition in February 2002 were permitted to rollover any remaining loan balance into the Plan for repayments only.

TERMINATION - Although it has not expressed any intent to do so, the Company may terminate the Plan or discontinue contributions at any time, subject to the provisions of ERISA. In the event of total or partial termination of the Plan, the accounts of all affected participants shall become fully vested and nonforfeitable.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

BASIS OF ACCOUNTING - The financial statements of the Plan are prepared under the accrual method of accounting.

INVESTMENT VALUATION AND INCOME RECOGNITION - The Plan's investments are stated at fair value, which is based on published market prices at year-end.

Purchases and sales of securities are recorded on a trade-date basis. Interest income is recorded on the accrual basis. Dividends are recorded on the ex-dividend date.

BENEFIT PAYMENTS - Benefits are recorded when paid.

ADMINISTRATIVE EXPENSES - Administrative expenses are paid by the Plan to the extent not paid by the Company.

USE OF ESTIMATES - The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, and changes therein, and disclosure of contingent assets and liabilities. Actual results could differ from those estimates.

INCOME TAXES - The Plan document is based on a non-standardized prototype plan and adoption agreement, which were approved by the Internal Revenue Service ("IRS"), as to form, by a letter dated November 19, 2001. However, the Plan has not yet received a determination letter from the IRS for the specific provisions of the adoption agreement as adopted by the Plan. The Plan Administrator believes that the Plan is currently designed and being operated in accordance with the applicable requirements of the Internal Revenue Code. Accordingly, no provision for income taxes has been included in the Plan's financial statements.

During the year ended December 31, 2002, the Plan failed to pass the requirements for the Actual Contribution Percentage ("ACP") discrimination test. To maintain its qualified status, the Plan distributed the excess contributions subsequent to December 31, 2002. During the year ended December 31, 2001, the Plan failed to pass the requirements for the Actual Deferral Percentage ("ADP") discrimination test. To maintain its qualified status, the Plan distributed the excess contributions subsequent to December 31, 2001.

3. INVESTMENTS

The following presents investments that represent 5% or more of the Plan's net assets available for benefits at December 31:

	2002	2001
Growth Fund of America, Inc.	\$1,327,309	\$ 926,189
American Balanced Fund, Inc. Income Fund	1,003,597	301,039
The Nautilus Group, Inc. Common Stock	970,297	1,345,250
MetLife Stable Value Fund	878,427	N/A
Dreyfus Premier Core Fund	787,922	N/A
New Perspective Fund	626,016	325,508
Fundamental Investors Fund	517,791	303,352

Net appreciation (depreciation) by investment type for the year ended December 31 is as follows:

	2002	2001
Mutual funds	\$ (969,866)	\$ (233,632)
Common stock	(1,234,083)	597,970
	-----	-----
Total	\$(2,203,949)	\$ 364,338
	=====	=====

4. PARTY-IN-INTEREST TRANSACTIONS

The Plan invests in shares of the Company's common stock at the direction of the participants.

5. CONCENTRATION OF RISK

The Plan's assets consist of financial instruments including temporary cash investments, mutual funds, and Company common stock. These financial instruments may subject the Plan to concentrations of risk as, from time to time, cash balances exceed amounts insured by the Federal Deposit Insurance Corporation, and investments in mutual funds and Company stock are subject to changes in market values of such investments. Due to the level of risk associated with such investments, it is reasonably possible that changes in the values of such investments will occur in the near term and that such changes could materially affect the amounts reported in the statements of net assets available for benefits.

THE NAUTILUS GROUP, INC. 401(k) SAVINGS PLAN

SCHEDULE H, LINE 4i - SCHEDULE OF ASSETS (HELD AT END OF YEAR)
DECEMBER 31, 2002

(a)	(b) Identity of Issue/ (c) Description of Investment	(d) Cost(1)	(e) Current Value
	CASH		\$ 15,913

	MUTUAL FUNDS:		
	American Balanced Fund, Inc. Income Fund		1,003,597
	Dreyfus Premier Core Fund		787,922
	Euro Pacific Growth Fund		260,917
	Franklin Small Capital Growth Fund		313,010
	Fundamental Investors Fund		517,791
	Growth Fund of America, Inc.		1,327,309
	MetLife Stable Value Fund		878,427
	New Perspective Fund		626,016
	Munder Index 500 A Fund		213,753
	Putnam Small Cap Value A Fund		302,853

	Total mutual funds		6,231,595

	COMMON STOCK - The Nautilus Group, Inc.(2)		970,297

	PARTICIPANT LOANS - (Interest rates ranging from 7.0% to 11.5%, maturing from 01/01/2003 to 03/12/2015)		111,612

	TOTAL INVESTMENTS		\$7,329,417
			=====

(1) Historical cost information is not required for participant-directed investments

(2) Denotes a party-in-interest with respect to the Plan

THE NAUTILUS GROUP, INC. 401(k) SAVINGS PLAN

SCHEDULE G - SCHEDULE OF NONEXEMPT TRANSACTIONS
YEAR ENDED DECEMBER 31, 2002

(a) Identity of Party Involved	(b) Relationship to Plan	(c) Description of Transaction	(d) Purchase Price	(e) Selling Price	(f) Lease Rental	(g) Expense Incurred with Trans- action	(h) Cost of Asset	(i) Current Value of Asset Transac- tion Date	(j) Net Gain or (Loss)
The Nautilus Group, Inc.	Plan Sponsor	Untimely remittance of employee contributions(1)	\$ -	\$ -	\$ -	\$ -	\$ 1,584	\$ 1,584	\$ -

(1) In 2002, the Plan Sponsor failed to remit certain employee deferrals to the trustee within the required time frame. The deferrals, plus estimated earnings thereon, were remitted to the trustee and allocated to participant accounts subsequent to this date.

SIGNATURE

THE PLAN. Pursuant to the requirements of the Securities Exchange Act of 1934, the plan administrator of The Nautilus Group, Inc. 401(k) Savings Plan has duly caused this annual report to be signed on its behalf by the undersigned hereunto duly authorized.

THE NAUTILUS GROUP, INC. 401(k) SAVINGS PLAN

By: THE NAUTILUS GROUP, INC., the plan
administrator

Date: June 27, 2003

By: /s/ Rod W. Rice

Rod W. Rice, Chief Financial Officer,
Treasurer and Secretary,
The Nautilus Group, Inc.

EXHIBIT INDEX

DOCUMENT - - - - -	EXHIBIT NUMBER -----
Independent Auditors' Consent	23
Certification Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002	99.1
Certification Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002	99.2

INDEPENDENT AUDITORS' CONSENT

We consent to the incorporation by reference in Registration Statements No. 333-46936 and 333-7694 of The Nautilus Group, Inc. on Form S-8 of our report dated June 16, 2003, appearing in this Annual Report on Form 11-K of The Nautilus Group, Inc. 401(k) Savings Plan for the year ended December 31, 2002.

DELOITTE & TOUCHE LLP

Portland, Oregon
June 27, 2003

CERTIFICATION

PURSUANT TO SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

(SUBSECTIONS (a) AND (b) OF SECTION 1350, CHAPTER 63 OF TITLE 18,
UNITED STATES CODE)

Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 (Subsections (a) and (b) of Section 1350, Chapter 63 of Title 18, United States Code), the undersigned officer of The Nautilus Group, Inc. (the "Company"), a Washington corporation and plan administrator of The Nautilus Group, Inc. 401(k) Savings Plan (the "Plan"), does hereby certify that:

To my knowledge, the Annual Report on Form 11-K for the year ended December 31, 2002 (the "Form 11-K") of the Plan fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934 and information contained in the Form 11-K fairly presents, in all material respects, the financial condition and results of operations of the Plan.

June 27, 2003

Date

By: /s/ Brian R. Cook

Brian R. Cook, Chief Executive Officer, The
Nautilus Group, Inc., Administrator of The
Nautilus Group, Inc. 401(k) Savings Plan

A signed original of this written statement required by Section 906 has been provided to the Company and will be retained by the Company and furnished to the Securities and Exchange Commission or its staff upon request.

CERTIFICATION

PURSUANT TO SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

(SUBSECTIONS (a) AND (b) OF SECTION 1350, CHAPTER 63 OF TITLE 18,
UNITED STATES CODE)

Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 (Subsections (a) and (b) of Section 1350, Chapter 63 of Title 18, United States Code), the undersigned officer of The Nautilus Group, Inc. (the "Company"), a Washington corporation and plan administrator of The Nautilus Group, Inc. 401(k) Savings Plan (the "Plan"), does hereby certify that:

To my knowledge, the Annual Report on Form 11-K for the year ended December 31, 2002 (the "Form 11-K") of the Plan fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934 and information contained in the Form 11-K fairly presents, in all material respects, the financial condition and results of operations of the Plan.

June 27, 2003

Date

By: /s/ Rod W. Rice

Rod W. Rice, Chief Financial Officer,
Treasurer and Secretary, The Nautilus
Group, Inc., Administrator of The Nautilus
Group, Inc. 401(k) Savings Plan

A signed original of this written statement required by Section 906 has been provided to the Company and will be retained by the Company and furnished to the Securities and Exchange Commission or its staff upon request.