



Nautilus, Inc. Debuts First-Ever Bowflex Indoor Cycling Bike; Delivering a Connected Fitness Experience at an Affordable Price

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- New Bowflex® C6 indoor cycling bike delivers leading connected fitness experiences at less than half the price of a Peloton® bike
- Features an open platform, so users can connect with Nautilus, Inc.'s Explore the World™ app and third-party cycling apps including Peloton® and Zwift®
- Provides a cycling experience engineered by 30 years of Bowflex innovation that delivers immersive workouts to help exercisers get stronger every day

VANCOUVER, Wash.--(BUSINESS WIRE)--Oct. 23, 2019-- Nautilus, Inc. (NYSE:NLS), the innovation leader in home fitness for over 40 years, today announced its first Bowflex® indoor cycling bike. The new Bowflex® C6 delivers a quality-built bike backed by decades of Bowflex innovation, and compatibility with multiple cycling apps for less than half the price of a Peloton bike.

This press release features multimedia. View the full release here: <https://www.businesswire.com/news/home/20191023005204/en/>



Bowflex C6 users can digitally connect to popular third-party apps – allowing them to ride with their favorite trainers via streaming on-demand classes from Peloton, or interact, train and compete against others on Zwift®. The Bowflex C6 also gives customers peace of mind and flexibility; if they cancel their app, they won't lose console functionality, and the bike can still be used with goal based program workouts.

In addition, users can virtually ride through exotic locales around the world with Explore the World™ – Nautilus' proprietary app that features numerous real-world maps with high-definition video and new routes added regularly. The app will be available November 15.

"Our Bowflex C6 bike is a game-changer in the indoor cycling space. At less than half the price of a Peloton bike, we're giving people access to an unmatched connected fitness experience at an affordable price. While we love our own world-class apps, content and digital platforms, we don't want to limit users to just our app and content," says Nautilus, Inc. CEO Jim Barr. "Consumers want the freedom to customize their workouts, which is why we offer an open platform, so they can use their preferred digital training choices. We also know from research that variety plays a role in keeping people engaged, motivated and ultimately successful."

The bike's Bluetooth® enabled console allows users to track time, distance, calories, and cadence. Users can also monitor their heart rate via the heart rate armband included with the bike. Additionally, users can sync to data sharing apps including Strava®, UA Record®, MapMyRide®, Apple Health and Google Fit™ via the Explore the World app.

Bowflex C6 Indoor Cycling Bike

The Bowflex C6 includes the following features:

Nautilus, Inc. debuts first-ever Bowflex® C6 indoor cycling bike backed by decades of Bowflex innovation; delivers a connected fitness experience at less than half the price of a Peloton® bike. (Photo: Business Wire)

- Electromagnetic resistance system (ECB) for a smooth, quiet ride.
- Integrated device holder for a phone or tablet to keep users engaged during their work out.
- Intuitive resistance knob, which allows for 100 micro-adjustable resistance levels to meet the needs of the individual user.
- Flexible seat and handlebars that adjust horizontally and vertically for maximum versatility.
- Race-style high-density foam seat, offering comfort for long rides.
- Dual-link pedals with toe cages (included) so users have the option of using standard toe cages or SPD clips. Additional

custom features include dual water bottle holders, and easy-reach cradles with 3 lb. dumbbells; providing users with instant access to a full body workout.

- With its slim and compact footprint, the bike can fit easily in nearly any room of your home.

The Bowflex C6 indoor bike is available online at www.bowflex.com for \$899.

About Nautilus, Inc.

Headquartered in Vancouver, Washington, Nautilus, Inc. (NYSE: NLS) is a global technology-driven fitness solutions company that believes everyone deserves a fit and healthy life. With a brand portfolio including Bowflex®, Nautilus®, Octane Fitness® and Schwinn®, Nautilus, Inc. develops innovative products to support healthy living through direct and retail channels as well as in commercial channels. Nautilus, Inc. uses the investor relations page of its website (www.nautilusinc.com/investors) to make information available to its investors and the market.=

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